MULTIDISCIPLINARY HEART FAILURE SYMPOSIUM 2017

Date: 31 March & 1 April 2017 (1.5 days)
Venue: Grand Copthorne Waterfront Hotel

PROGRAMME SCHEDULE

JOINTLY ORGANISED BY:

SPONSORED BY:
### Session One: Science and Art of Heart Failure

**Moderators:**
- Dr Daniel Yeo  
  Cardiologist, APEX Heart Clinic  
- Dr Kenneth Ng  
  Cardiologist, Novena Heart Centre

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<tr>
<th>Time</th>
<th>Session Title</th>
<th>Speaker</th>
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| 0840 – 0905  | Heart Failure with reduced ejection fraction (HFrEF): Epidemiology, Pathophysiology, Diagnosis | Dr Chai Ping  
  Senior Consultant Cardiologist, NUHS                                 |
| 0905 – 0930  | Tips to success in management of HFrEF: Get with the Guidelines              | Dr Kenneth Ng  
  Cardiologist, Novena Heart Centre                                      |
| 0930 – 0955  | Bread and Butter of HF nursing: Education, Counselling and Self-care management | Ms Teo Lee Wah  
  Advanced Practice Nurse, NHCS                                           |
| 1030 – 1100  | Heart Failure with Preserved Ejection Function (HFpEF): Myth and Facts        | Dr Gerard Leong  
  Senior Consultant Cardiologist, CGH                                      |
| 1100 – 1125  | Common Comorbid Conditions in Heart Failure                                  | Dr Lim Choon Pin  
  Consultant Cardiologist, NHCS                                            |
| 1125 – 1150  | Heart Rhythm 101: Atrial Fibrillation, VT, and all that jitters              | Dr Seow Swee Chong  
  Senior Consultant Cardiologist, NUHS                                       |
| 1150 – 1215  | Heart Failure Devices: Role of EP nursing                                   | Ms Lai Lee Wah  
  Senior Staff Nurse, NUHS                                                 |
| 1215 – 1225  | Q & A                                                                         |                                                                        |
| 1225 – 1330  | Lunch                                                                        |                                                                        |
| 1240 – 1310  | LIFE Forum (Learning Insights from HF Experts)                               | Dr Chan Wan Xian  
  Senior Consultant Cardiologist, NUHS                                     |
| (Lunch session) |                                                                 | Dr Lim Choon Pin  
  Consultant Cardiologist, NHCS                                           |
|              |                                                                               | Dr Loh Seet Yoong  
  Consultant Cardiologist, TTSH                                            |
### 31st March, Friday

#### Session Two: Central Role of Allied Health in HF

**Moderators:**
- **Dr Raymond Wong**
  - Senior Consultant Cardiologist, NUHS
- **Dr Sheldon Lee**
  - Assistant Director HF Program, CGH

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<th>Time</th>
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<td>1450 – 1500</td>
<td>Q &amp; A</td>
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<td>1500 – 1530</td>
<td>Tea Break</td>
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<td>1330 – 1350</td>
<td>Heart Failure Therapeutics: <em>Role of Pharmacist in drug titration and monitoring</em></td>
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<td><strong>Ms Rachel Tan</strong></td>
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<td>1530 – 1550</td>
<td>Shared-care model in HF: <em>Tips of a successful partnership between primary care and hospital</em></td>
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<td><strong>Dr Gary Kang</strong></td>
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<td>Deputy Director, Sengkang Polyclinic</td>
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<td>1350 – 1410</td>
<td>Nutrition in Heart Failure: <em>Salt, supplements and such</em></td>
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<td><strong>Ms Candy Chan</strong></td>
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<td>Dietitian, Sengkang Health</td>
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<td>1410 – 1430</td>
<td>Rehabilitation Challenges in HF</td>
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<td><strong>Ms Sng E-Lynn</strong></td>
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<td>Principal Physiotherapist, NHCS</td>
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<td>1430 – 1450</td>
<td>Rehabilitation in HF: <em>Challenging cases in occupational therapy</em></td>
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<td><strong>Ms Cherish Lim</strong></td>
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<td>Occupational Therapist, TTSH</td>
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<td>1550 – 1620</td>
<td>How to set up a successful volunteer service to manage HF: <em>Journey + experience</em></td>
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<td><strong>Mr Michael Poh</strong></td>
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<td>Programme Coordinator, Pioneer Generation Office</td>
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<td>1620 – 1630</td>
<td>Q &amp; A</td>
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0800 – 0900 Registration

Session Three: Beyond The Wards

Moderators: Dr Fazlur Rehman Jaufeerally
Senior Consultant, Internal Medicine, SGH
Dr Louis Teo
Consultant Cardiologist, NHCS

0900 – 0925 Managing patients with heart failure - Post discharge care
Dr Tan Kok Leong
Family Physician Senior Consultant, Continuing and Community Care, TTSH
Ms Rujia Binte Ali Shahul Hameed
Transitional Care Specialist (Nurse), Continuing and Community Care, TTSH

0925 – 0950 Telemonitoring in HF: How to make it work?
Ms Angela Ng
Senior Programme Manager, Health Management Unit, EHA

1015 – 1025 Q & A

Moderators: Dr Lim Choon Pin
Consultant Cardiologist, NHCS
Dr Loh Seet Yoong
Consultant Cardiologist, TTSH

1025 – 1050 Tea Break

1050 – 1115 Depression in Heart Failure: System and Personal approach: case based discussion
Dr Lai Yew Min
Senior Consultant, Psychological Medicine, NUHS

1115 – 1140 Palliative care in Advance Heart Failure: System and Personal approach: case based discussion
Dr Wu Huei Yaw
Senior Consultant, Palliative Medicine, TTSH

1140 – 1200 Q & A

End of Symposium

0950 – 1015 Tips to success in care management: Primary care setting: NHGP
Ms Sharon Foo
Care Manager, NHGP

1300 2017 SCS ASM Opening